

An Important Update from Kevala Retreat



Dear Friends,

We're writing today with the difficult news that Santikaro has been re-diagnosed with Lymphoma. He is undergoing chemotherapy and a bone marrow transplant at Mayo Clinic in Rochester over the coming months.

We will have more news as things progress, but are asking for your metta as he copes with significant illness. He is in good spirits and using this time for Dhamma contemplation, finding abundant rich insights that the divine messengers, our good friends, bestow.

His in-person teaching through the fall has been cancelled at this time. He is attempting to keep up with on-line teaching, and those enrolled in classes will get notes if classes need to be changed or cancelled, as they did this morning.

He had hoped to compose this note himself, but was re-admitted to the hospital last night. He adds this from his hospital bed: "...during this part of the great journey of life and death, I count on Dhamma, teachings and insights, for support and guidance. May we all cultivate this refuge while we can."

Thank You for your kindness during this time,
Jo Marie